



ÉIDIN LEISURE

CLASSES & TIMETABLE

CLASS TIMETABLE

	MON	TUES	WED	THURS	FRI	SAT
10.00am	F Aqua				F Aqua	F Strength & Conditioning
10.30am		Adult Swim*				
11.00am						Kids Swim* (11.00–1.15pm)
4.00pm		Kids Swim* (4.00–6.00pm)		Kids Swim* (4.30–6.30pm)		
6.00pm	F Strength & Conditioning					
7.00pm	F Spin	Adult Swim*	F Spin	F Circuit		

★ Classes marked with an * are part of a 6 week block of classes

F Classes marked **F** are free to full members (gym & pool)

€ Pay as you go (PAYG) classes: €10.00 per class

MEMBERSHIP RATES

	ANNUAL	MONTHLY DIRECT DEBIT <small>*Minimum 6 months, first 2 months prepaid</small>	6 MONTHS
Individual	€600	€60	€330
Couple	€950	€95	€550
Family*	€1,100	€120	€600
Student**	€500	€50	€280
Over 65's	€500	€50	€280
Over 65's (Couple)	€780	€80	€450

* 2 Adults & 2 Children under 17

** Over 18 with student card

MEMBER BENEFITS

- Individual fitness programme
- FREE classes
- 10% discount in McShanes
- 10% Discount Eidin Spa



Great National
Hotel Ballina



FOLLOW US



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